



FOR IMMEDIATE RELEASE

January 20, 2010

FROM: Communications Department
443-643-4200

**VISITATION POLICY RESTRICTIONS LIFTED AT
UPPER CHESAPEAKE MEDICAL CENTER AND HARFORD MEMORIAL HOSPITAL**

Bel Air, MD- Effective January 18, 2010, the visitation restrictions instituted at Upper Chesapeake Health's two hospitals as a result of the increased activity of the H1N1 virus in October 2009. "The H1N1 activity in the community has decreased to a normal level for this time of year. In addition, the level of seasonal flu activity present in the community does not indicate a need for limitations on visitation within the hospitals." said Colleen Clay, Director, Healthcare Epidemiology & Infection Control.

Upper Chesapeake Health continues to encourage visitors with flu symptoms to wait until they are well to visit family and friends in the hospital. Outpatients with flu symptoms are asked to reschedule appointments.

#

Established in 1984, Upper Chesapeake Health is a not-for-profit health organization based in Harford County. The organization owns and operates Upper Chesapeake Medical Center, Harford Memorial Hospital and Upper Chesapeake Health Foundation. One of the largest private employers in Harford County, Upper Chesapeake employs almost 3,000 team members. Visit www.uchs.org to learn more.