

Outpatient Rehabilitation Request for Services Form

Physicians Pavilion II

510 Upper Chesapeake Drive, Suite 514
Bel Air, MD 21014
Upper Chesapeake Medical Center Campus

Sports Medicine and Rehabilitation Center

101 Walter Ward Boulevard
Abingdon, MD 21009
YMCA Building

Harford Memorial Hospital

501 S. Union Avenue
Havre de Grace, MD 21078
Ground Floor

Name _____

Diagnosis & Date of Injury/Illness _____

ICD9 Code _____ Rx Frequency & Duration _____

Type of Surgery & Date of Surgery _____

Special Instructions/Precautions _____

Protocol Preferred _____

Occupational Therapy

Physical Therapy

Splinting Only

Evaluation & Treatment

Certified Hand Therapy

ADL Adaptation

Cognitive Therapy

Desensitization

Edema Management

Electrical Stimulation

FMC Retraining

Gait Training

Iontophoresis

Joint Mobilization

Joint Protection

Lymphedema Management CDT*

Neuro Re-education

Paraffin

Patient Education

Patient Home Exercise Program

Postural Re-education

Range of motion (AROM, AAROM, PROM)

Scar Management

Splint/Other Instructions _____

Strengthening

Stress Loading

Ultrasound

Wheelchair Seating/Positioning

Wound Care

Other _____

**Only available at Sports Medicine & Rehabilitation Center*

Speech Language Pathology Available at Harford Memorial Hospital and Physician Pavilion II

Swallow Therapy

Modified Barium Swallow Study

Communication

Pediatric Developmental Assessment Only available at Physician Pavilion II

Occupational Therapy

Physical Therapy

Speech Language Pathology

Physician Signature _____ Date _____

TO SCHEDULE APPOINTMENTS

Physicians Pavilion II

Call 443-643-3257

65945 6/09

Sports Medicine & Rehabilitation

Call 443-409-0051

Harford Memorial Hospital

Call ScheduleFirst at 443-843-7000 or 800-301-4799

Directions to Upper Chesapeake Health Outpatient Rehabilitation Locations

Physicians Pavilion II

510 Upper Chesapeake Drive, Suite 514
Bel Air, MD 21014
Upper Chesapeake Medical Center Campus
443-643-3257

From Baltimore:

I-95 north to exit 77B - Rt. 24. Go North on Rt. 24 towards Bel Air approximately 5 miles. Turn left on W. MacPhail Road. Upper Chesapeake Drive is on the left. Proceed past the hospital entrance to the Physician Pavilion II building. The Rehabilitation Services are located on the 5th floor above the parking garage.

From Cecil County:

I-95 South to exit 77B - Rt. 24. Go North on Rt. 24 towards Bel Air approximately 5 miles. Turn left on W. MacPhail Road. Upper Chesapeake Drive is on the left. Proceed past the Medical Office Building. The Medical Center entrance is the next right. Proceed past the hospital entrance to the Physician Pavilion II building. The Rehabilitation Services are located on the 5th floor above the parking garage.

Sports Medicine & Rehabilitation Center

101 Walter Ward Boulevard
Abingdon, MD 21009
YMCA Building
443-409-0051

From Interstate 95:

Take I-95 exit 77B MD 24 north towards Bel Air. From MD 24, turn right on to Emmorton Road (MD 924). Travel .5 miles and turn right on to Box Hill South Parkway. Turn right on to Corporate Center Drive. Turn left on to Walter Ward Boulevard. YMCA building is on the right after making this turn.

From Bel Air, MD:

Take MD 24 south toward Edgewood. Make a left at the light immediately before the exit for I-95. This will be Emmorton Road (MD 924). Travel .5 miles and turn right on to Box Hill South Parkway. Turn right on to Corporate Center Drive. Turn left on to Walter Ward Boulevard. YMCA building is on the right after making this turn.

Harford Memorial Hospital

501 South Union Avenue
Havre de Grace, MD 21014
443-843-5000

From Baltimore:

I-95 North to exit 89 - Havre de Grace exiting on to I55 East. When I55 East dead ends, turn right onto Juniata Street. At 2nd light, make a left onto Revolution. At next intersection, make a right onto South Union Avenue. Hospital is on left hand side.

From Cecil County:

I-95 South to exit 89 - Havre de Grace exiting onto I55 East. When I55 East dead ends, turn right onto Juniata Street. At 2nd light, make a left onto Revolution. At next intersection, make a right onto South Union Avenue. Hospital is on left hand side.