



## The Upper Chesapeake Health Imaging Department Welcomes You!

Your physician has requested an imaging procedure to assist in the evaluation of your current medical condition. The Imaging Department in the Ambulatory Care Center of Harford County located in Bel Air, and Harford Memorial Hospital located in Havre de Grace are committed to providing you imaging services of the highest quality. Our goal is to provide you with services that exceed your expectations.

### PATIENT INSTRUCTIONS

If you are scheduled for one of the following procedures, please follow these instructions.

#### Barium Enema or Air Contrast Enema (Allow 60 minutes for this procedure)

1. Pick up a Preparation Kit from the Imaging Department at least 2 days before the day of your appointment. Follow the directions on the package.
2. Consume only clear liquids the entire day before your appointment.
3. Please do not eat or drink after 10 p.m. the night before your appointment.

#### Mammography (Allow 35 minutes for this procedure)

1. Please do not wear perfume, powder or deodorant
2. If you have had a previous mammogram performed at another facility, please bring the films with you.

#### IVP (Allow 60 minutes for this procedure)

1. Patients over the age of 50 must have lab work performed within 2 weeks prior to their procedure (BUN and Creatinine). Please contact your physician to ensure that the appropriate blood work has been ordered and performed.
2. Take 2 Dulcolax Tablets (obtained from your local drug store) at 6:00 p.m. the night before your procedure.
3. You should have a clear liquid diet the entire day before your procedure.
4. Please do not eat or drink after 10 p.m. the night before your appointment.
5. Bring your doctor's order with you. You cannot receive treatment without the written order. Your insurance company requires the physician's order to include a written diagnosis and/or a diagnosis number code (ICD9) for each test ordered. In order to be seen, you must bring a completed physician order form (with diagnosis and/or code). You may call your physician before your appointment if your written order is missing the number code and/or diagnosis.

#### Ultrasound – Obstetrical or Pelvic (Allow 30 minutes to 1 hour for this procedure)

1. You must have a full bladder for this procedure.
2. Please drink 32 ounces of fluids (no juice, coffee, or soda) 1 hour before your appointment.
3. Do not use the bathroom until the procedure is performed.

#### GI and/or Small Bowel Series (The time to complete this procedure varies)

1. Please do not eat or drink after 10:00 p.m. the night before your appointment.
2. Please do not smoke or chew gum the morning of your appointment.

If you have questions, please call us at 443-843-7000. Please bring the written prescription/referral from your physician with you on the day of your appointment. We cannot perform the procedure without this order.

### WHAT TO EXPECT

Upon arrival, you will need to register with a registration team member. At this time, the registrar will make note of your address, physician's name and insurance information. Following registration, you will be directed to a waiting area that could, at times, be full of patients. Please don't worry. All of these patients will not be waiting for imaging tests, so they may not be ahead of you.

### FOLLOWING YOUR PROCEDURE

A board certified, license physician will interpret your imaging procedure. The results will be communicated directly back to your physician in a written report. If requested by your physician, we will be happy to also telephone or fax results of your test to him/her.

### DIRECTIONS

#### Directions to Ambulatory Care Center (ACC) of Harford County:

##### **From Baltimore:**

I-95 North to exit 77B – Rt. 24. Go West on Rt. 24 towards Bel Air approximately 5 miles. Turn left on W. MacPhail Road. Upper Chesapeake Drive is on the left. Proceed past the Upper Chesapeake Medical Center entrance, past side of ACC and bear right to front of ACC.

##### **From Cecil County:**

I-95 South to exit 77A – Rt. 24. Go West on Rt. 24 towards Bel Air approximately 5 miles. Turn left on W. MacPhail Road. Upper Chesapeake Drive is on the left. Proceed past the Upper Chesapeake Medical Center entrance, past side of ACC and bear right to front of ACC.

#### Directions to Harford Memorial Hospital

##### **From Baltimore:**

I-95 North to exit 89 – Havre de Grace exiting onto 155 East. When 155 East dead ends, turn right onto Juniata Street. At 2<sup>nd</sup> light, make a left onto Revolution. At next intersection, make a right onto South Union Avenue. Hospital is on left hand side.

##### **From Cecil County:**

I-95 South to exit 89 – Havre de Grace exiting onto 155 East. When 155 East dead ends, turn right onto Juniata Street. At 2<sup>nd</sup> light, make a left onto Revolution. At next intersection, make a right onto South Union Avenue. Hospital is on left hand side.